

WARREN



"Jolly Rogers"

# SENTINEL

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Volume 64, Issue 13

F. E. Warren Air Force Base, Wyoming

April 1, 2005

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DST begins  
Sunday at 2 a.m.  
Remember to turn  
your clocks forward  
one hour.






Photo by Airman 1st Class Tessa Cubbon

## THIS WON'T HURT A BIT

Maj. (Dr.) Jeffrey Gould, 90th Medical Operation Squadron optometrist, performs an eye exam on Col. Ronald Pearson, 90th Medical Group commander, during an eye exam Wednesday. Warren's Medical Clinic offers free eye exams to all military servicemembers. To get your eyes examined, call TriCare at 772-4020 to make an appointment.

Latest  
news on  
Guardian  
Challenge 5



Boxing  
exhibition  
night at  
Warren 17



Warren  
hosts  
cheer  
clinic 16





# Commentary

## No one gets left behind

**Tech. Sgt. Steven Goestch**  
*Public affairs*

When you watch war movies on television, and they show scenes of flag covered caskets being loaded onto military aircraft, it creates a gut-wrenching image that stirs emotions and touches us all. But how many of us say after we see these images, "I wonder how his/her family will get by." The Senate Armed Services Committee, along with the DoD, is currently addressing this issue.

The current survivor's death gratuity payment is about \$12,420, according to the Defense Link Website ([www.defenselink.mil](http://www.defenselink.mil)). Survivors of servicemembers killed in war operations can also receive \$250,000 from the military insurance program if they have elected maximum coverage.

The DoD and Senate proposals would increase the death gratuity payment to \$100,000 and boost maximum insurance coverage to \$400,000. The Pentagon would pay the premiums for the extra \$150,000 in insurance coverage.

A plan also currently under discussion would make the plan retroactive to Oct. 7, 2001, the first day of Operation Enduring Freedom in Afghanistan.

I believe this will be some of the best "bang for the buck" money that the military can spend.

First, it will relieve some stress from deployed members' minds knowing their families will be taken care of financially if the worst were to happen. This enables folks to concentrate on the mission more effectively.

Second, it will show members' parents, spouses and children that they are an integral part of the DoD team, and that for every deployed member, there is a network of support behind them at home.

This is an important piece of legislation because we as servicemembers are devoted and selfless. Just as we are serving our country, we want for our loved ones, more than we want for ourselves.

So when you are watching that war movie and you hear "no one gets left behind," hopefully we can look at our families and know that this sentiment is extended to them.



## Hoops Shots

A few weeks back I had the pleasure of attending our first-ever boxing exhibition put on in our new community center. It was a terrific event. We had folks of every age, retirees and active duty, every gender and background all enjoying great sportsmanship and athleticism in a safe, fun environment. And it didn't cost us a penny. Volunteers from the ring announcer to the DJs to the judges to the doctor to the set-up/clean-up crew made this event happen for the boxers and fans. You'll learn more about this event in our three-part series in the Sentinel.

What you probably won't read about is what happened prior to boxing. Our **Non-Commissioned Officer Association** put on a free BBQ and pool tournament across the street in Dorm Escape hours before the main event at Fall Hall. This was a perfect "community" event — enjoy food and fun at Dorm Escape and then a few hours later walk across the street to watch the boxing. All in all we had hours of enjoyable entertainment and a safe alternative that evening for our people. Over 50 airmen enjoyed the NCOA's generosity and I'd like to specifically salute: **Al Buss (Ret.), Jeff Middaugh (Ret.), Kevin Overby (Ret.), Tech. Sgt. Johnny Goldfuss, 90th Missile Maintenance Squadron, Tech. Sgt. Eugene Struzik, 90th Maintenance Operation Squadron, Staff Sgt. Sarah Bensch, 20th Air Force, and Senior Airman Ana Deary, 90 MMXS.** I encourage other professional agencies and booster organizations to follow the NCOA's example in providing safe alternatives for our young people on base.

I'd also like to salute our Non-Appropriated Fund employees who have reached a milestone of 10 years of federal service. These professionals are an integral part of our team by providing those services that make living on our base a real community. In fact, it's often their venues and their commitment to customer service that makes serving here memorable and uplifting. Congratulations to: **Dalbert Lake (Auto Skills), Ve-**

**ronica Thomas (child development), Maureen Gomez (Trail's End Club), Rosario Lacuesta (human resources), Karen Rucker (human resources) and Mr. Rick Ess (golf grounds).**

We're fast approaching the countdown to the last day for filing taxes. Be sure to check out our **tax office** on base. Their services are free and they can really help with those last-minute questions or issues. Earlier this month they reported helping on over 600 returns with refunds over \$1 million. That represents a savings of almost \$90,000 to our people and is yet another one of our great benefits.

A few weeks back I got to see **1st Lt. Amanda Baum, 320th Missile Squadron**, get an award from the Wyoming State Patrol. Back in December her Toyota Tacoma hit a patch of ice coming off the ramp at Exit 7 from I-25 and rolled. She survived because she was driving slow, wore her seatbelt and had her stuff secured. A trooper observed the accident and gave her the award for being involved in a life-threatening accident but walking away thanks to safe driving practices.

We're fast approaching what may be the **most dangerous time of year for traffic safety** — the transition from bad to good weather. From the weather reports I've seen, we're looking at beautiful spring days this weekend. Nothing focuses a driver more than slick roads or bad conditions and so people tend to drive safer.

When the weather first starts turning great that's when people might be tempted to take more risks like driving too fast or not worrying about seatbelts or stowing their gear. Driving is dangerous all the time and we seem to get more accidents in nicer weather — which is mostly why we have a 101 Critical Days of Summer campaign every year. I encourage you to practice the safe driving habits you've been taught all year 'round and especially as we transition to summer.

-- Col. Hoops

### — Warren — SENTINEL

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30 p.m. Thursday the week before publication. Classified ads are due by 11 a.m. Tuesday the week of publication.

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# Commentary

## THE CIVILIAN PAVILION

**Matt Cox**  
*Visual information*

Today you could open your desk drawer and find a rubber snake. You could sit down in your office chair and hear a noise only teenage boys still giggle at. You could come back from lunch and have a tab for a dozen pizzas waiting for you, and you're thinking, "Great, and I just ate."

Whatever the punchline, people have been playing tricks on one another on this day for a long time.

April Fool's Day, or All Fool's Day, is a unique holiday that is designed for the Ashton Kutcher or Allen Funt – depending on your age – in all of us. For this one day, everyone has a target on their back. No one is safe from the high-jinks, tomfoolery, shenanigans, legerdemain, monkeyshine or bal-lyhoo.

The origin of April Fool's Day is as cloudy as its pranks are hilarious.

The most popular theory, although there is no factual record to support this claim, about its hysterical beginnings revolves around the adoption of the Gregorian calendar in the 16<sup>th</sup> century. Prior to that, April 1 was observed as New Year's Day by ancient cultures such as the Romans and Hindus. For those unable to adjust or accept the change of celebrating New Year's on Jan. 1 instead, the medieval jokers decided something mischievous had to be done. However, their attempts at humiliating their peers lacked modern comedic horsepower: The idea of sticking paper fish on the naysayer's backs apparently was funny back then. A sort of precursor to the "kick me" sticker, I suppose.

But I guess it doesn't really matter how it started because it's the pranks that demand attention, and some of the most infamous gags

ever pulled are top-notch.

Here's a brief look at arguably the funniest pranks of all time:

### **The Swiss Spaghetti Harvest**

In 1957 a well-known and widely-viewed British Broadcasting Corporation news show reported due to a light winter and a dramatic decline in the spaghetti weevil, Swiss farmers were enjoying a very generous spaghetti crop. The newscast even ran clips of farmers pulling strands of spaghetti from trees.

A large number of people watching were amazed, and soon the BBC's switchboard was clogged with incoming calls from viewers interested in growing their own "spaghetti trees." In signature British humor, the response to inquiries was: "Place a sprig of spaghetti in a tin of tomato sauce and hope for the best."

### **Sidd Finch**

In the April 1985 edition of Sports Illustrated, a story was published about New York Mets' rookie pitcher Sidd Finch. The article explained how Finch could throw a baseball 168 mph with deadly accuracy – 65 mph faster than anyone else in the world. The rub, Finch didn't learn his technique at some collegiate baseball powerhouse; he learned the "art of the pitch" in a Tibetan monastery under the tutelage of the "great poet-saint Lama Milaraspa." Die hard Mets fans couldn't believe their luck. But, to the chagrin of the Shea Stadium faithful, Sidd Finch lived only in the mind of sportswriter George Plimpton.

### **Instant Color TV**

Watching Swedish television in 1962 wasn't the flip-through-the-channels-at-warp-speed exercise it is today. Back then, Swedish TV offered its viewers a single black and white channel. During one April 1 newscast, the station's technical expert appeared on screen to

announce a major breakthrough in modern technology: instant color television. All viewers could now easily convert their existing muted black and white TVs into state of the art color monitors. All it took was wrapping a nylon stocking over the screen.

The technician demonstrated the process live and reportedly thousands of viewers took the bait. Color TV didn't appear in Sweden until, quite appropriately, April 1, 1970.

### **The Taco Liberty Bell**

In 1996 the Taco Bell Corporation announced its purchase of the Liberty Bell and its plan to rename it "The Taco Liberty Bell." Hundreds of outraged Philadelphians went to great lengths to express their anger at this blatant commercialization of America.

Nerves would only calm a few years later when the company came clean admitting it was all a joke. Even the White House spokesman at the time, Mike McCurry, couldn't resist poking fun at the absurdity by responding that the Lincoln Memorial also had been sold and would be renamed the "The Ford Lincoln Mercury Memorial."

### **The Left-Handed Whopper**

Two years after the Taco Bell incident another famous fast-food chain pulled a prank of similar caliber. Burger King announced in a full page ad in the USA Today newspaper that it was now offering a whopper specifically engineered for the 32 million left-handed Americans. According to the ad, "The Left-Handed Whopper" included the same ingredients of the original but all the condiments were rotated 180 degrees for the benefit of its south paw customers.

The following day Burger King released a statement admitting it was a hoax, but nonetheless, thousands of customers had gone into restaurants ordering the new sandwich.

## Civilian Pavilion goes public

Here ye, here ye. I've been writing this column for two months now and I'm feeling a bit selfish. Under the Civilian Pavilion mast rests a singular byline, mine.

But for the same reason I first tackled this project – to share another Warren voice – I'm certain this space can be utilized in a broader perspective.

With the large civilian population on base I'm convinced this column would better serve Sentinel readers if I were to put the pen down every so often to invite other civilians to pick it up and share a piece of themselves, too.

The Civilian Pavilion is not my hat, it's our umbrella.

I know everyone has a story to share, wit and wisdom to impart, an event to promote or a top-notch coworker to recognize, and I think this space should accommodate such information.

The Sentinel staff has been very affable about this joint endeavor, and they are just as excited about opening the door to other civilians as I am. Well, the door has always been open, but it may have appeared locked from a safe distance.

If writing doesn't interest you but you have something you think deserves coverage please e-mail me at [matt.cox@warren.af.mil](mailto:matt.cox@warren.af.mil) and we'll get it done.

Thanks for reading.

Matt Cox







Photo by Airman 1st Class Lauren Sixbey

## GIVING BACK

Col. Evan Hoapili, 90th Space Wing commander and Col. Barry Kistler, 90 SW vice commander, fill out their Air Force Assistance Fund contribution slips March 25. The AFAF campaign kicked off March 25 and will run through May 5. For more information, contact your group or unit AFAF representatives or Capt. Steve Gorman at 773-2748.

## Warren gets thumbs up



18 March 2005

Colonel Evan J. Hoapili  
90 SW/CC  
5305 Randall Avenue  
F.E. Warren AFB WY 82005-2266

Dear Colonel Hoapili/Hoops

Congratulations on your very successful Combat Capabilities Assessment. The mission of the 90<sup>th</sup> SW is an integral part of our nation's defense and provides the necessary top cover for our troops currently deployed around the world. The superior expertise and professionalism demonstrated by the "Mighty Ninety" sends a clear message to our adversaries.

We are very proud of the young men and women at F.E. Warren. Great job!

*Congrats to all!  
Wow - great scores!!*

Sincerely

LANCE W. LORD  
General, USAF  
Commander

# Guardian Challenge to run every two years

Airman 1st Class Tessa Cubbon  
Public affairs

Due to funding shortfalls and operational warfighting requirements, Air Force Space Command leadership has decided Guardian Challenge will be held in 2006 and every two years thereafter.

"A biennial schedule preserves the long-standing tradition of Guardian Challenge and reduces the stress on our people and budget resulting from annual competition," said Gen. Lance Lord, AFSPC commander, in a memorandum for Air Force Space Command Center, NAF and wing commanders dated March 24.

"Guardian Challenge is

*"We had every expectation of bringing back the Blanchard [the trophy for the best ICBM wing] this year."*

— Lt. Col. Jeff Smith, 319th Missile Squadron

an important demonstration of the world's best space and missile warfighters. The AFSPC space and missile competition improves readiness, enhances esprit de corps and identifies innovative tactics, techniques and procedures," said General Lord.

"We had an excellent team put together," said Lt. Col. Jeff Smith, Warren's Guardian Challenge point of contact, 319th Missile Squadron, "We had every expectation of bringing back

the Blanchard [the trophy for the best ICBM wing] this year. We are of course disappointed that we are not going to get a chance to compete this year, but we're going to use the time to put together an even stronger team."

Guardian Challenge has been cancelled twice before. The first time was in 1968 at the height of the Vietnam war and the second time was in 2003 due to the war in Iraq and Afghanistan.



## Briefs

### Estate claims

Maj. Robert Korte, 153rd Command and Control Squadron commander, regrets to inform personnel of the death of Staff Sgt. Shawn Ayotte.

Personnel having claims against or in behalf of Sergeant Ayotte should present same to Capt. Robert Huyler, 153 CACS, 773-6720 or e-mail robert.huyler@warren.af.mil.

### Single officer's quarters

Warren now has quarters for single officers.

If you are a single officer, or if you are sponsoring a single officer, contact Robert Farnsworth at 773-5822.

### Lt. Col. promotion criteria

Majors eligible for the 2005 lieutenant colonel promotion board must have an extended active duty date of Jan. 6 or earlier and a date of separation of Oct. 4 or later. Active duty officers under the Voluntary Recall Program or other reserve recall program must have at least one year on active duty as of the board convening date.

For questions or more information, contact Master Sgt. Gary Moix at 773-2585.

### Freedom Elementary kindergarten round-up

Freedom Elementary School's kindergarten round-up is scheduled to be held Wednesday, 6 to 7 p.m. at the Corlett Elementary School Gym, 600 West 22nd St.

The round-up is only for children living on Warren.

Kindergartners must be 5 years old on or before Sept. 15 to attend school for the 2005-2006 school year.

Bring copies of your child's birth certificate and immunization record to keep in the student's school file.

This pre-registration does not replace the district registration on Aug. 16 and 17 at Corlett School.

### Volunteer Appreciation Week

Volunteer Appreciation Week runs April 7 to 23. Supervisors and coworkers can recognize their volunteers and celebrate their volunteerism with a nomination for the Volunteer Excellence Award.

Nominations must be dropped off at the family support center, Building 207, by Monday. VEA winners will be announced the first part of May.

For more information, call Mike Boggs at 773-5944.

# Warren Honor Guard provides military sendoff for ambassador

Senior Airman Tonnnette Boyd  
Public affairs

The Warren Honor Guard provided a full military honors ceremony at the funeral of an ambassador on March 23 in Laramie, Wyo.

David Nicholas, United States secretary of defense, died of a heart attack March 13 at the age of 64.

Nicholas worked for the Office of Security and Cooperation in Europe in Vienna, Austria.

A Laramie native, Nicholas's funeral was held in the Wyoming Field House at the University of Wyoming.

Attending the funeral were various governors, senators, dignitaries and the vice president of the United States.

Nicholas graduated from Har-

vard University and served in the Army, the Army Reserve and as a civilian aide to the secretary of the Army, according to the Montgomery-Stryker Funeral Home biography.

The Warren Honor Guard performed the presentation of colors at the family's request.

"I personally felt very proud to provide this service for such a distinguished individual, and I'm sure the rest of the guards felt the same way," said Senior Airman Scott Weimer, program

manager of the base honor guard, 90th Services Squadron.

Nicholas's private burial took place in Greenhill Cemetery, Laramie.

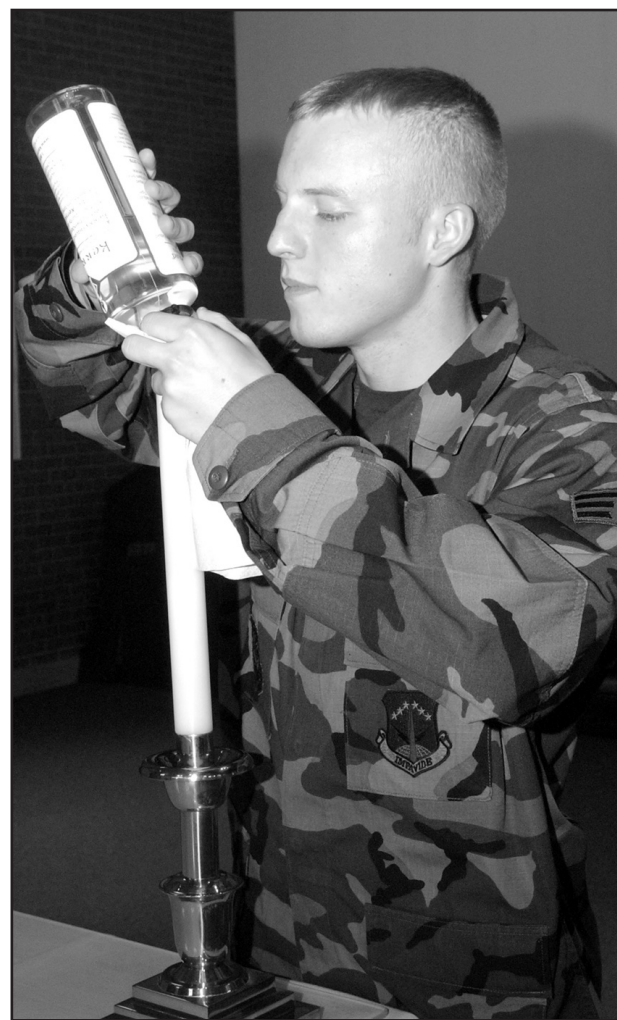
"It was a moving ceremony," said Staff Sgt. Darryl Lyles, 90th Security Forces Squadron flight sergeant and honor guard member.

"I'm just glad I could do my part to make it a dignified sendoff for such an accomplished man."

Nicholas is survived by his wife Karen, and their two children.

*"I personally felt very proud to provide this service for such a distinguished individual, and I'm sure the rest of the guards felt the same way."*

— Senior Airman Scott Weimer, base honor guard



Photos by Airman 1st Class Tessa Cubbon

## CONGRATS TO WARREN'S AFSPC CHAPLAIN SERVICES WINNERS

Two Warren servicemembers recently won Air Force Space Command Annual Chaplain Service Awards. Staff Sgt. Eric Pauley (left), 90th Space Wing chaplain assistant, won the title of Outstanding AFSPC Chaplain Service NCO. Airman 1st Class Noah Wells, 90 SW chaplain assistant, was named Outstanding AFSPC Chaplain Service Airman.



# Warren to start new travel process

**Master Sgt. Jeff Bohn**  
*Public affairs*

Debuting Wednesday at Warren, a training team for the Defense Travel System will brief and educate leaders and travel officials here on a new software program that will make arranging, paying and reimbursing official government travel a speedy, seamless and almost paperless process, according to officials.

A software program, called the "Enhanced Jefferson," is transforming the way the Department of Defense does temporary-duty travel, according to Army Col. Larry Schaefer, travel system director in an press release dated last year.

"The whole idea is that we are automating the TDY process for all of the Department of Defense."

Mighty Ninety members

can expect to see some units using the travel program this summer, with all Warren units expected to be on board by the beginning of next year, according to Lt. Col. Andrew J. Smith, 90th Comptroller Squadron commander.

Benefits listed include quicker payments, faster processing time and less human effort. The current paper process involves 40 or 50 steps as compared to the new DTS process, which has just seven steps.

Warren is one of the last bases to work this phased process. The new system is expected to be in place DoD-wide by the fall 2006.

More information will be available in upcoming editions of the Sentinel.

The Web site can be found at <http://www.defensetravel.com>.

## *LATIN NIGHT!!*

Trail's End Club

**8 April, 8 p.m.**

**Dance 'til your feet hurt!!!!**

*Salsa*

*Merengue*

*Bachata*

*Spanish Hip Hop*

*Reggaeton*

POC: 2Lt Marin-Ruiz x3981 or TSgt Nunes x 3636





# Warren is at Witt's end

## 90 SFG commander retires today after 26 years in service

**1st Lt. Nicole Walters**  
*Public affairs*

Col. Michael Witt, 90th Security Forces Group commander, grew up in Dundee, Ill. In high school, he was a rambunctious young man who heralded his Scottish roots by playing (no lie) the bagpipe for the local youth band, the Dundee Scots.

There was a young highland dancer named Liz, who was from the neighboring town. Love blossomed, and they soon married.

Six days after they married, Colonel Witt joined the Air Force.

"It's all she's ever known," said Colonel Witt, who retires today after 26 years in the Air Force.

Colonel Witt didn't have the intention to join the Air Force. In fact, he wanted to join the Army to become a radio and television broadcaster. In the fall of 1975, he went to his audition and the tester told him he was "too nasally." So he walked out of the Army recruiter's office and into the Air Force

recruiter's office.

He was accepted into ROTC at Southern Illinois University in Carbondale, Ill., and after doing well academically, the governor gave him a full-ride scholarship.

He was commissioned in 1979 and became a mis-sileer.

In April of 1980, then Lieutenant Witt was pulling alert, and his crew partner had gone to sleep. It was a normal, quiet night and Lieutenant Witt was watching President Jimmy Carter on a press conference.

Then it happened. The message was sent into the capsule. Lieutenant Witt immediately woke his crew partner. They inserted the launch keys, took the authenticators out of the safe and put them on their consoles. As Lieutenant Witt confirmed the preamble, he glanced at the television screen and saw President Carter being whisked away.

The message was real—the letters—the target—the hands on the launch keys. The next order would either

be to fire the Intercontinental Ballistic Missile, armed with a nuclear warhead, or to stand down.

"It was the longest nine minutes of my life," said Colonel Witt.

They received the order to back down, but had to stay while the panels were removed. They turned the panels back in, and their deputy commander for operations spoke to the 15 launch crews.

"He was this 'Curtis LeMay' looking fellow," said Colonel Witt. "He had the flat top and the black-rimmed glasses. He said to us in a gristly tone, 'Boys, you earned your pay for the next twenty years last night.'"

It was a reaction to a Russian test launch.

On June 12, 1981, Lieutenant Witt had the opportunity to do what few missileers have done: turn keys.

"It was Glory Trip 82 GM," said Colonel Witt. "Down there, you don't feel it, but up above they could."

He then cross-trained into the security forces field.

The worst day of his career is one every officer dreads. While he was stationed at Ramstein Air Base, Germany, his squadron was in the middle of an exercise, and one of his Airmen was playing the bad guy.

The Airman was in a house on a rafter when the good guys threw in smoke grenades. The smoke overcame him, and he had total respiratory failure. He was rushed to Landstuhl.

"The doctor looked at me and said, 'I'm going to tell you, then we are going to bring the wife in, and I'm going to tell her,'" said Colonel Witt. "She and I were with him for the next 18 heart-wrenching hours while they flew his family in from the states to say goodbye."

"It was the worst experience, but it became the best experience," said Colonel



Courtesy photo

**Col. Michael Witt, 90th Security Forces Group commander poses with his wife and daughter for a Witt family portrait.**

Witt. "Amazingly, he pulled through and recovered."

The day after Christmas 1990, he was in a bunker in Germany planning combat operations against Saddam Hussein.

During Operation Provide Comfort, he was sent to Iraq to provide humanitarian aid.

"I was in Iraq when Iraq wasn't cool," said Colonel Witt. "The rewards for humanitarian aid are immediate."

He's worked with (or for) all the big initials: CIA, FBI, NRO and several he still can't talk about.

"I'll never doubt anything again," said Colonel Witt.

Colonel Witt took a job securing the F/A-22 Raptor, which provides a first-look, first-shot, first-kill capability through the use of stealth, advanced sensors and a lethal mix of advanced air-to-air and air-to-ground weapons.

They said he wouldn't

make colonel in acquisitions protection. They were wrong. He was the first—and the only.

"We have and must maintain air superiority—not only with ICBMs but with fighters," said Colonel Witt. "I've sat in the cockpit of the first seven F/A-22 Raptors, and I'll never doubt anything again."

After retiring from the Air Force, Colonel Witt is going to work for a fellow Scotsman who lived four blocks away from him in Dundee, Ill.: Allan Pinkerton, who established the Pinkerton Detective Agency in the mid-1800s.

Colonel Witt will become a general manager for Pinkerton Government Services.

The Witts have three daughters: Jennifer, Allison and Megan.

On this day of pranks and jokes, Warren has truly lost its Witt.



Courtesy photo

**Col. and Mrs. Michael Witt pose for a picture at Fort Robinson, Neb.**





Photo by Senior Master Sgt. John Snow

## 90 CS 'CABLE DAWG' REPRESENTS

Staff Sgt. Mathew Rampenthal, 90th Communications Squadron, pulls cable into a manhole March 3 at a deployed location. Sergeant Rampenthal is deployed with the 379th Expeditionary Communications Squadron. Since arriving at the deployed location in January, Sergeant Rampenthal and his fellow "Cable Dawgs" have installed over 20,000 feet of cable.

## AF, Army team up to help Iraqi children

**Joe Davidson**  
*SMC Public Affairs*

LOS ANGELES AIR FORCE BASE, Calif. — When Capt. Sara Vuoso received an e-mail from her childhood friend Army Capt. Clinton Alexander, who was serving a tour of duty in Iraq, the discussion got around to mentioning an effort to supply soccer balls to groups of Iraqi children in the city of Sadr.

The captains, with help from friends and family all over the United States, managed to collect nearly 600 soccer balls and donate them to kids in the Iraqi city of Sadr.

Wanting to get more involved in the effort, Captain Vuoso began calling every professional soccer team across the nation and managed to get 57 balls donated. These were sent directly to Captain Alexander in Iraq.

In an e-mail message, Captain Alexander wrote, "Every kid in town plays soccer every night on a dirt field. Our goal is to get them to the kids in Sadr, who play daily, except during the fighting. The best plan is to pass one or two balls at a time while on patrol."

"Send any ball and I will ensure it gets to a kid. And, hopefully he doesn't pick up an AK-47 machine gun or a rocket propelled grenade once he's old enough because he remembers getting a ball from a nice soldier."

Admiration for the Soldiers' work helps drive Captain Vuoso's continued involvement.

"It's a great thing they're do-

ing over there," said Captain Vuoso. These guys are putting their lives on the line every day. They're not only helping people that can't stand up for themselves, but they're also giving people that are in the depths of poverty something to smile about."

On a chance carpool ride with Space and Missile Systems Center Delta II Program Manager, Lt. Col. Greg Schiller, Captain Vuoso mentioned her involvement in collecting the soccer balls and sending them to Iraq.

Colonel Schiller and his kids' involvement in the local chapter of the American Youth Soccer Association enabled them to collect an additional 224 balls and 15 complete children's soccer uniforms.

Members of the SMC's Space Superiority Materiel Wing helped pack up the balls and uniforms to expedite their delivery to the kids in Sadr.

All of their efforts to get contributions to this cause continues to pay off. According to Captain Vuoso, the last time donations were counted, 872 soccer balls had been donated from all over the United States.

"These are the news stories that aren't making it out there," Captain Vuoso said. "These troops are going beyond what they are being asked to do by their country. It's the small things they're doing on their own to help the people of Iraq get their feet underneath them that makes the most difference."

6 by 3



# U of Wyoming help Warren youth 'bring it on'



University of Wyoming dance team and cheerleaders teach Warren children the basics at the cheer and dance clinic held at the youth center Saturday.



Photos by Airman 1st Class Tessa Cubbon

University of Wyoming cheerleaders help Warren's children perform a thigh stand pyramid.

## Warren youth bowlers win big at city tournament

Article courtesy of Warren youth bowling

Cheyenne Young American Bowling Alliance hosted a citywide tournament the weekends of March 5 to 6 and 12 to 13 at Cowboy Lanes. About 100 youth from three bowling centers participated in this annual event.

Warren dominated in the final results:

First place team - handicap: Shaun Pushcar, Joel Pushcar, Jason Price and Aaron Koskelowski placed second in scratch.

First place team - scratch: Buzz Robinett, Broderick Barge, Brian

VanStee and Rob Bates placed second in handicap.

Drake Guerra won first place in singles handicap and scratch. Shaun Pushcar came in fourth in handicap.

Lauren Crocker led the girls in singles and won first place handicap.

Doubles: Shaun and Joel Pushcar came in first handicap and second in scratch.

D.J. Adams and Rob Bates were first place in scratch.

Jason Price and Aaron Koskelowski received third place handicap.

Mixed doubles: Sabrina Sawicki and David Fulgium brought home

first place in handicap and scratch.

All events:

First place handicap  
Drake Guerra 2nd in scratch

3rd Shaun Pushcar

5th David Fulgium

6th Joel Pushcar

"The youth had a great time, made F.E. Warren Lanes shine and looking forward to the next competition," said Agnes Colvin, a Warren YABA director. "As always all the youth did a fantastic job and made all of our volunteers very proud."

For more information, or to get your child involved in youth bowling, contact Agnes Colvin at 773-5172.

## Weekly youth bowling scores

Little Pee Wees - Ages 3-4

Jorden Punahele 100 game, +38

Connor VanHoose 92 game, +21

PeeWees - Ages 4-6

Dylan Pierson 92 game, +35

Michael Smith 92 game, +27

Bantam-Preps - Ages 7-11

Dustin Linde 566 high series handicap

Anne Howard 526 high series handicap

Bryan Devore 186 high game handicap

Julian Cox 186 high game handicap

Kekai Punahele 201 high game handicap

Junior-Majors - Ages 12 -21

Anthony Linde 763 high series handicap

Sabrina Sawicki 692 high series handicap

Don Kelley 268 high game handicap

Kayla Bates 227 high game handicap

For more information, contact Agnes Colvin at 773-5172.



# Saturday night fights: Part 1

## Warren boxing club hosts first boxing exhibition

**Tech. Sgt. Steve Goetsch**  
*Public affairs*

Fists were flying March 12 as the Warren varsity boxing team hosted its first exhibition at Fall Hall. The matches were open to the public and viewed by a large crowd of supporters and fight fans.

The evening had something for everyone. There were refreshments, DJs, an announcer and even a ring girl. There were medical support personnel standing by ringside to ensure the safety of the fighters. Safety was paramount the entire evening. Even though there was a near knockout, no one was hurt.

"Boxing is actually one of the safest amateur sports," said assistant coach, Tech. Sgt. Derick Harrison, 319th Missile Squadron. "There are fewer injuries in amateur boxing than in tennis."

Along with the volunteers, coach 1st Lt. Rodney Ellison, 319 MS, and Harrison, were ringside officiating and giving pointers to the boxers.

Harrison and Ellison also performed corner duties throughout the exhibition.

There were five bouts that evening in various weight classes. Each boxer fought three rounds lasting two minutes each.

One of the five bouts was a

female exhibition which featured 2nd Lt. Morgan Ellison, 90th Missile Security Forces Squadron and the wife of coach Ellison. She had never boxed before, but wanted to get involved with the program.

"This was her first exhibition bout. I was nervous for her, but I was in her corner and able to give her advice," said Rodney Ellison. "I was uncertain about how well she would do, but safety is the first consideration in amateur boxing. I'm glad that she did well and that both boxers got the experience of their first bout."

The winners for the night were as follows:

Senior Airman Sergio Chong, 90th Civil Engineer Squadron in the 147 pound weight class.

Airman 1st Class Martin Wallace, 90th Contracting Squadron in the 160 pound weight class.

Second Lt. Morgan Ellison, 90th Missile Security Forces Squadron won the women's exhibition.

First Lt. Miexia Ah Loy, 319 MS in the 170 pound weight class.

Second Lt. Dave Suszko, 319 MS in the 195 pound weight class.

To get involved in the boxing program or for more information, contact Rodney Ellison at 773-3721.

(Stay tuned to future Sentinel issues for Saturday night fights, parts 2 and 3.)



Photos by Tech. Sgt. Steven Goetsch

**Second Lt. Gil Henderson, 319th Missile Squadron, takes a breather between rounds, while Senior Airman Orlando Salas, 90th Civil Engineer Squadron works his corner.**



**First Lt. Miexia Ah Loy, 319th Missile Squadron, takes aim at the chin of 2nd Lt. Gil Henderson, 319 MS during the 170 pound weight class bout March 12 at Fall Hall.**



# Getting involved

## Paralegal thrives on heavy workload

### QUICK FACTS

**Name:** Master Sgt. Bernadette Hamilton

succeed at everything you do. Don't give up.

**Squadron:** 90th Space Wing Judge Advocate

**What did you want to be when you grew up?**  
A lawyer

**Cooler assignment:**  
Langley Air Force Base, Va.

**Favorite dessert:** Oh, chocolate. Anything chocolate.

**Favorite meal:**  
Steak and potatoes from the Outback Steakhouse

**If she was president?**  
Give the military a raise

**Best movie:** "Sweet Home Alabama"

**Little known fact:**  
I'm pretty good at shooting pool. I've won a couple of tournaments.

**Life's motto:** Try to

**What do you do in the legal office?**

I'm a paralegal working as a law office manager. As a paralegal, there's a lot of paperwork, interviews, claims and helping commanders and first sergeants with article 15s and courts-martial.

**What's the best part?**

I like to keep busy. This job definitely keeps me busy.

**Working in legal, you see a lot of people in trouble, don't you?**

Yes, that's why it's nice to get involved and do positive activities around base. There are many good Airmen on

F.E. Warren.

**You also work with the Top 3 right? What is that?**

It's a professional organization for senior enlisted members- master [sergeants], senior [master sergeants] and chief [master sergeants] here to promote communication, professionalism, camaraderie, prestige and esprit de corps.

**How did you get involved?**

[I joined] as soon as I became a master sergeant. I like having the opportunity to be with other senior enlisted members. I'm the only

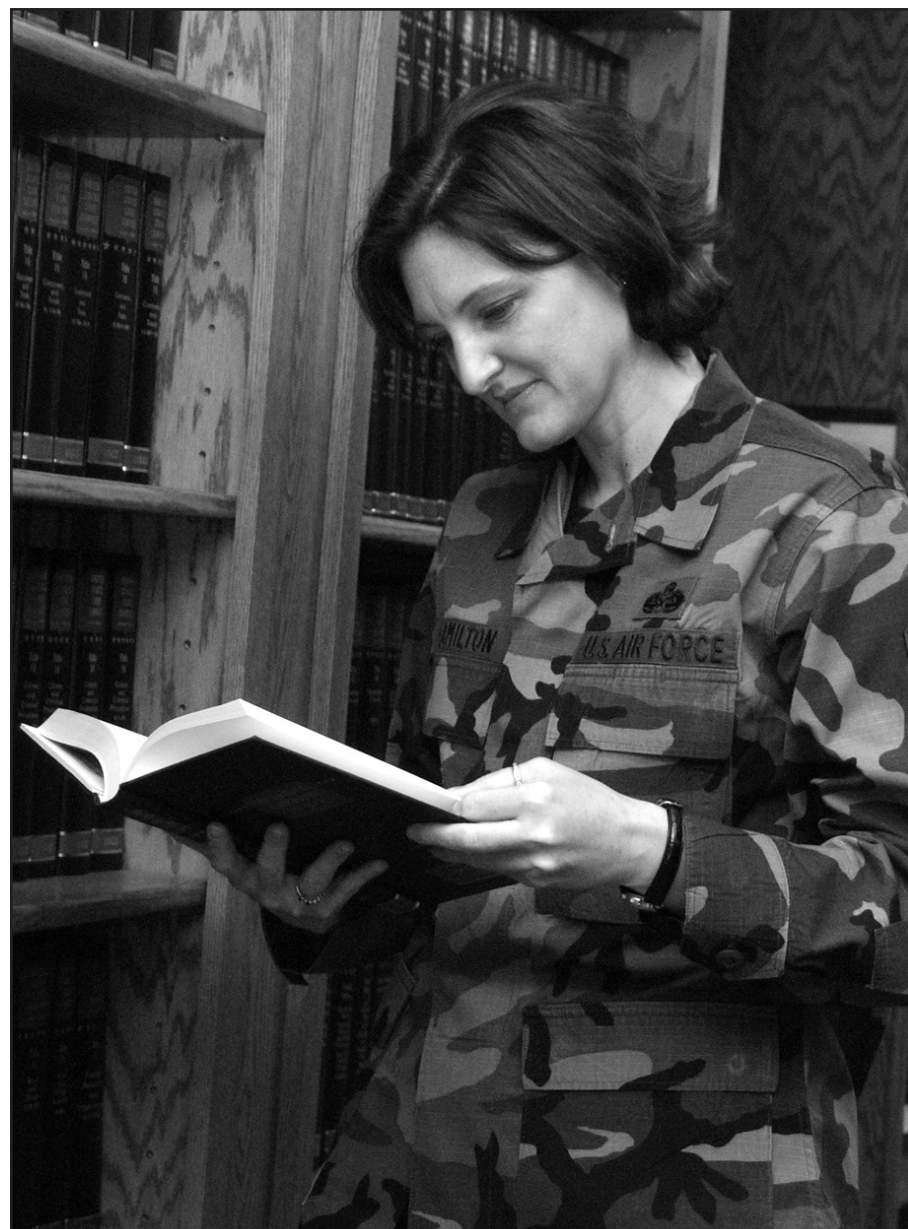


Photo by Airman 1st Class Tessa Cubbon

Master Sgt. Bernadette Hamilton, president of Warren's Top 3 leafs through legal books.

one in my office, and it's nice to talk to other senior NCOs.

**What does the Top 3 do?**

We try to get involved in all we can. We do a function at Dorm Escape; we host the monthly promotion ceremony at the club and are taking over the quarterly award luncheons. [The Top 3 also] visits with veterans [at the VA Hospital], brings donuts

and talks to the veterans. They like the company of the young military members- well, what they call young.

**How do people get involved?**

They can call me at 773-2256 or just show up at the meetings.

[Meetings are held after the promotion induction ceremony at the Trails End Club.]

*"Master Sgt. Hamilton is the epitome of a three-dimensional-whole-person-senior-NCO making a difference in our wing, major command, and our Air Force."*

— Chief Master Sgt. James Wood, 90th Space Wing command chief master sergeant



## Joining Forces at Six Flags Elitch Gardens

The 4th Annual Joining Forces at Six Flags Elitch Gardens will be held April 16, 10 a.m. to 6 p.m.

This a military only event for active duty, guard, reserve, retired military, DoD civilian, base contractors, family members and friends. Tickets are available at outdoor recreation for \$18 per person and this includes lunch. Regular park admission price is \$37.99.

Outdoor recreation is offering free bus transportation while seats are available. Sign-up when purchasing your tickets. Parking at the park is \$9 per car.

For more information call ODR at 773-2988.

## Family Day at Chadwell Dining Facility

Every Sunday is Fam-

ily Day at Chadwell Dining Facility. All active duty members may bring their family members with military ID cards to dine at Chadwell, noon to 1 p.m. Also invited are family members of the deployed.

Family members of E1 - E4 active duty are welcome to accompany their sponsor to any and all Chadwell Dining Facility meal times.

## Play Texas hold'em poker

Texas hold'em poker is scheduled for April 30, 2 p.m. at the Trail's End Club. All entrants receive 50 white, 25 red and 25 blue chips worth \$40,500. Then top three players will receive awards. Door prizes will be given throughout the event. Blinds and antes will be announced at start of play. Blinds are to the left of dealer and rotate, as does the dealer.

Sign up and pay by April 22, and the cost is \$15 for members and \$20 for eligible nonmembers. After April 22, fees will be \$20 for members and \$25 for eligible nonmembers. Participants must be at least 18 years old to play.

## Secretary Week

The Trail's End Club invites bosses to bring their secretaries to lunch any day April 26 to 29 in honor of Secretaries Day. The club will have a flower for your guest. Lunch is from 11 a.m. to 1 p.m. Reservations are not required.

## Warren Cup Paintball Tournament

Units, dorms, activities and organizations - it's time to call out your rivals. Like the shoot-out at the OK Corral, there can only be one team left standing; but, this shoot-out ain't for

taming Dodge City, it's for something much bigger - bragging rights to the quickest guns in the West.

So get your team of 10 and up to five alternates together and register at outdoor recreation - or are you too Yella?!

The tournament will be held at the Warren Paintball Field April 23, and includes guns, safety equipment, 200 paintballs and T-shirt.

Additional paintballs will be available for \$8 per 100 bundle. What to bring: lunch and a war cry. The cost is \$10 per person when signing up by April 15. Sign up after April 15 is \$15.

## Spring garage sale special

Patrons may rent tables at the usual weekend rate, \$4, and can pick them up a day early (Thursday) at no extra charge during the month

of April. Make the best use of your set up time.

## Master's Team Play Tournament

The Master's Team Play Tournament is April 9. Sign up as a single or a foursome. Draw a PGA Tour Pro playing at the master's as your partner. The cost is \$15 for members and \$25 for nonmembers. For more information, call the Warren Golf Club at 773-3556.

## Tea time crafts

Come to the Multi Crafts Skills Center every Thursday from 1 to 3 p.m. Participants will learn to pour ceramics as well as painting techniques.

Also being offered is a class on scroll saw techniques. There will be two sessions and the cost is \$10.

For more information, call the multi-crafts center at 773-3754.

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